

WHAT TO BRING:

Pack these items for the river. Please stick to what is on the list as space is limited. Staff will check items before leaving main camp. Please mark possessions with first initial and last name.

(All lost and found items will be given to a charitable organization if not claimed after two weeks.)

- Health Form & Camp Fee (Send in two weeks prior to camp or bring to check-in)
- Sleeping bag (the smaller, the better)
- A heavy gauge large garbage can size plastic bag
- One t-shirt (sleeves that cover the shoulders are needed)
- Hat
- Sunglasses
- Flashlight
- One pair fast-drying long pants (no jeans)
- One pair of shorts.
- Modest swimsuit (no bikinis)
- Underwear (two or three pair)
- Socks (two pairs)
- Two pairs of shoes that are durable and **fast drying**, would recommend that one pair be Teva Style sandals that stay on your feet securely (NO flip flops) (Wear one of the pairs)
- Sweatshirt, light jacket or long sleeve t-shirt
- Toothbrush (Environmentally Safe Toothpaste will be provided by camp)
- Feminine sanitary supplies if needed
- Sunscreen!!!
- Light weight raincoat or rain poncho
- Insect repellent (sprays work best for putting on clothing and hair)
- Bible

OPTIONAL ITEMS:

- Disposable camera
- Bandana

Canoe Trips will be back at camp Thursday night and Friday morning and will sleep in tents in the Outpost Area. Please pack the following items in a separate bag. Items will be locked at camp while camper is on the river for safety.

- Shoes
- Casual clothing
- Personal hygiene items (soap, shampoo and deodorant will only be used in-camp)
- Towel
- Underwear/socks
- Jacket and/or sweatshirt
- Spending money for canteen (turn in at registration time)

WHAT NOT TO BRING:

Music Players	Video Games
Curling Irons	Hairdryers
Cell Phone	Watches
Mirror	Snack food

Weapons, Drugs and Tobacco are not allowed.